GTA 07-01-043

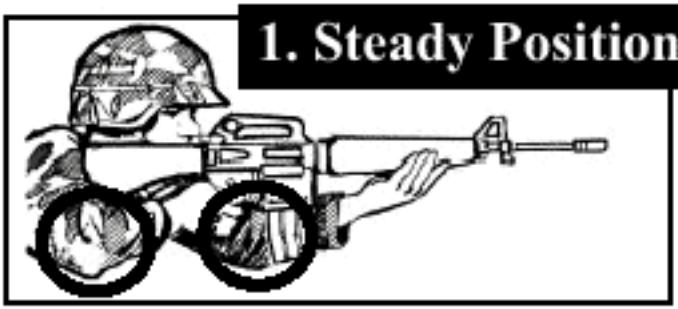
MAY 2000

Basic Rifle Marksmanship

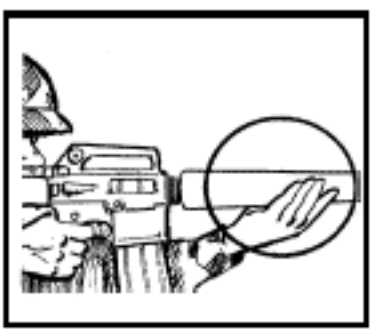
Coaches Checklist (4 Fundamentals)

HEADQUARTERS
DEPARTMENT OF THE ARMY

1. Steady Position

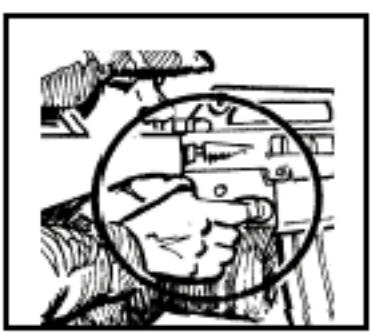


Nonfiring elbow under rifle for stability; use elbow pads if available



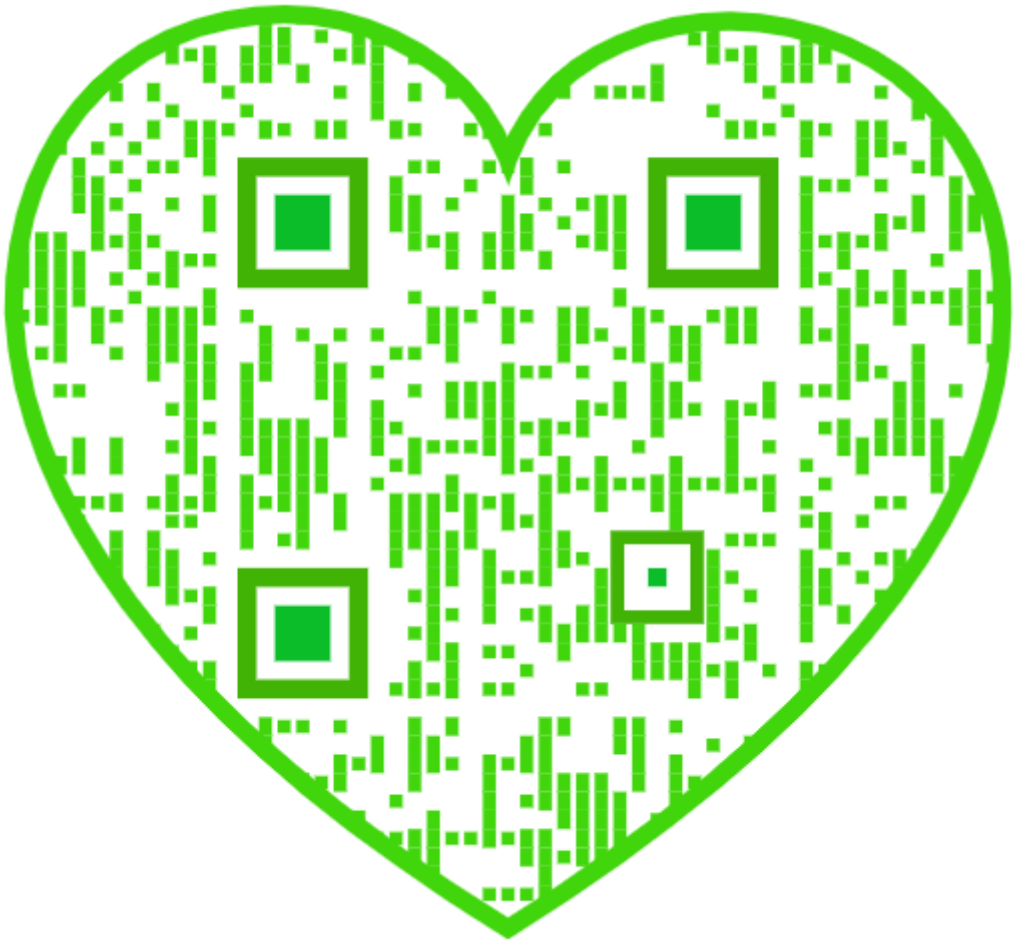
Nonfiring hand grip light with slight rearward pressure

Rifle butt in pocket of firing shoulder



Firing hand grip forms a "**V**"; slight rearward pressure

Cheek to stock weld



2. Aiming (correct sight picture)

- ✓ Focus on front sight
- ✓ Assume proper sight alignment
- ✓ Assume proper aiming point
- ✓ Center front sight post on target
- ✓ Close nonfiring eye

3. Breath Control

- ✓ Maintain natural respiratory pause for zeroing/single targets
- ✓ Hold breath between trigger squeezes for multiple targets

4. Trigger Squeeze

- ✓ Place trigger between first joint and end of finger
- ✓ Pull trigger straight to the rear
- ✓ Do not anticipate round firing
- ✓ Do not jerk trigger